

# HEALTH - BEAUTY & SPA

Welcome to a unique Private Waterfront Spa experience.  
A sanctuary for the senses set directly on the water's edge.  
Our Waterfront Spa Suite, is designed with precious  
pieces of art and offers exclusive treatments to replenish your body and mind.

## WATERFRONT SPA EXPERIENCES

### Four-Hands Experience

*Our Spa therapists invite you to a rejuvenated four-hands experience.  
All the body and facial treatments can be performed by four hands who  
work rhythmically and harmoniously throughout the whole body, from the head to the toes.*

**Supplement to each treatment**  
*50 min. / 80 min.*

### Queen of the Day

*Spend a day feeling like a Queen. Three hours of complete relaxation treatment for all the body.*  
*Anti-stress massage (60 min)*  
*Face treatment with Queen Bee (60 min)*  
*Manicure (40 min)*  
*Pedicure (40 min)*

### King of the Day

*Spend a day feeling like a King. Three hours of complete relaxation treatment for all the body.*  
*Deep Tissue Massage (60 min)*  
*Men's Care (50 min)*  
*Manicure (30 min)*  
*Pedicure (30 min)*

### Summer Sun Experience

*Body treatment with Royal Honey (60 min)*  
*Face treatment with Bee Radiant (60 min)*  
*Cleansing with seaweed (50 min)*



## MASSAGES

### Swedish Massage

*Relieves muscle tension from head to toe  
Promotes circulation  
Restores vitality  
50 min. / 80 min.*

### Aromatherapy Massage

*Combines a selection of essential oils  
Aligns the body  
Counteracts stress for mind and soul  
50 min. / 80 min.*

### Deep Tissue Massage

*The most intensive massage for the proper stimulation of the muscles.  
Firm pressure with a light stretching is applied to concentrate to all your needs.  
50 min. / 80 min.*

### Hot Stone Massage / Balancing Stones

*Classic: A treat for the body and the soul with Warm Mountain stones,  
for deep relaxation and better blood circulation.  
Refresh: A treat for the body, combining deeper techniques and Cold Mountain  
stones, in order to calm any muscle ache.  
50 min. / 80 min.*

### Anti-Stress Massage

*A full body massage to stimulate your body and senses.  
The gentle to intensive massage along the energy centers generates  
an overall sensation of well-being and releases new energy.  
80 min.*

### Indian Marma Point Head Massage

*Acupressure techniques open the flow of energy in the area of the head and neck.  
Heals stress and migraines caused by daily anxiety.  
50 min.*

## Foot Reflexology

*Firm pressure is used to stimulate the reflex points in the feet.  
Float into deep relaxation for a divine sense of balance and well-being.  
50 min.*

## Thai Foot Massage

*Relax stimulating foot lymph drainage for tired swollen feet. A must for jet lag.  
50 min.*



## BODY TREATMENTS

### Rose Pepper Detox

*Starting with a body scrub, this pampering treatment with the famous  
Apivita pepper products and application of 3 different muds leaves skin shimmering with renewed vitality,  
improves firmness and elasticity and provides an overall sense of well-being.  
This is a boost firming detox treatment for instant effective inch loss.  
50 min.*

### Energy and Restore

*Purifying, toning and invigorating.  
Particularly effective in the movement of the joints, it relaxes the muscles.  
The orange acid and the ginger serum revitalize your body  
with essential vitamins, minerals and proteins.  
It is an effective part of any nutrition-based program.  
80 min.*

### Royal Honey

*Nothing less than a tailored treatment for your body.  
The basic ingredient of the bee will feed, regenerate and cure your skin,  
while the unique scrub with honey and sugar will perfect the appearance.  
One of the best gifts that you could give to yourself:  
Vigorous, intense and invigorating, harmonizing and relaxing!  
80 min.*



## UNIQUE FACE TREATMENTS

### Aqua Vita

*A combination of hydrating products to help the skin moisturize and regenerate.*

*Created for all kinds of needs, it recreates your cells.*

*Aloe Vera will smooth your skin and offer you a soft and healthy look.*

*50 min.*

### Bee Radiant

*The prelude to this effective, restorative treatment consists of a purifying line of bees' natural ingredients.*

*Alleviate the early signs of ageing and give your skin a radiant glow.*

*Approved for all skin types and detoxifying.*

*80 min.*

### Wine Elixir

*This revitalizing treatment relieves your skin from fatigue and stress, leaving it fresher and more youthful.*

*The powerful effect of the grapes combined with massage techniques gives your skin strength and vitality.*

*50 min.*

### Queen Bee

*This luxurious treatment provides an immediate lift thanks to the unparalleled firming effect of royal jelly.*

*A special mask and the unique serum are the ideal way to promote collagen and resistance to ageing factors.*

*80 min.*

### Men's Care

*A deep-cleansing, therapeutic facial with a luxurious massage, designed specifically to cater to the requirements of men's skin.*

*The treatment relaxes stressed, tired skin and reduces the appearance of pores.*

*50 min.*

## Express Beauty

*Perfection in only one hour.*

*Our beauty experts will discuss your skincare needs with you,  
and then put together a perfectly tailored treatment.*

*Choose among our natural Apivita products to invigorate your senses.*

*50 min.*



## MANICURE, PEDICURE, WAXING

### Manicure - Pedicure

*Choose our spa manicure and spa pedicure and experience  
a unique care for your hands and your feet.*

*Begin with a typical cleansing, continue with a scrub  
and finish with a moisturizing mask.*

*Take step by step a luxury experience  
with the products of Spa Ritual and Essie.*

*Manicure*

*Spa Manicure*

*Pedicure*

*Spa Pedicure*

### Waxing

*Full leg*

*Half leg*

*Bikini*

*Upper lip - Underarm*

*Back - Arms - Chest*

